

# HaPenis Madrid

HaPenis Project, sacred masculinity, sensual male massage, tantra



## By BarefootShaman (Madrid)

My massage therapy is different to the usual massage treatments because I include the whole body, including the lingam (penis) and prostate (anus) massages. It is for this reason that I recommend men have a shower or bath before the massage (if you can have a douche that is even better).

My massage includes Thai yoga massage which involves a lot of stretching and turning of the joints. After having lived in Morocco, and experiencing the benefits of the ancient tradition of the hammam massage, this is something I now offer my clients. It is up to you if you want me to use an oil. I like to use coconut oil or olive oils. The tantric massage lasts on average between 90 minutes and two hours.

## Naturism

My massages are naturist. That means I will be naked as well during the massage; most of my clients prefer that as it aids relaxation.

## Tantra

My definition of tantra is the conscious exploration of human sexuality to improve health, wisdom and awareness. We do this by inviting in a Higher Power – God as you understand God – that is loving, caring and healing, to aid us in our journey to a life filled with self-acceptance, joy and inner freedom.

## Workshops

As I cannot work from home, I am looking for a place to offer my massages and workshops. I can work in people's homes or in hotel rooms. My workshops are for men who would like to improve their massage and tantric awareness. The workshops are either one-off or in as part of a six week package. This includes a conversation about boyhood to manhood initiation rites of passage, using the six emotional stages to natural manhood, guided meditation, advice about nutrition, simple yoga exercises and massage for beginners. I have worked with men's groups since the 1990s, and my workshops will be based on my book EARTH FATHER, Natural Manhood From Prison Towards Inner Freedom by Martin H. (available at [www.newsfromnowhere.org.uk](http://www.newsfromnowhere.org.uk))."

**My Contact Details;** here are my contact details for anyone visiting Madrid:

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**More Info: [Naturist Massage For Men](#)**